“**In My Own Words**: Real Stories of Teens Overcoming Adversity”

**Entry Dates**: January 1, 2013 to April 1, 2013 (**Open to all Geographic Areas**)

**Selected Entries Notified**: May 1, 2013

**Selected Receives**: 1st Place: $500.00 Award, Publication in "In My Own Words" Anthology, Certificate, and 5 print copies signed upon release

2nd Place: $250.00 Award, Publication in "In My Own Words" Anthology, Certificate and 3 Print copies signed upon release

3rd Place: $100.00 Award, Publication in "In My Own Words" Anthology, Certificate and 2 Print copies signed upon release.

4th - 10th place, Certificate and Publication in "In My Own Words" and 1 print signed copy upon release.

**Definition of Adversity** = Can be including but not limited to Abuse, Suicide, Bullying, Rape, Homelessness, Grief, LGBT related, etc.) published by Crushing Hearts and Black Butterfly Publishing edited by S.K. Whiteside for the LBR Foundation. Portion of the Royalties go to charity.

**Guidelines for Entry:**

~Must be between the ages of 13 and 23.

~No minimum or maximum word count.

~Stories MUST be completed and show OVERCOMING adversity (“it gets better” story).

~Stories MUST be true in nature (names and locations however must be changed apart from your own for legal purposes), Must be written in your own words (excluding “text talk” and EXTENSIVE slang) Must be easy to understand and read by other teens.

~Must be typed 12pt Times New Roman, Ariel, or Courier New font.

~Must be saved as a .Doc or .Docx file.

~Email Entry to submissions@skwhiteside.com and attach your document.

~Must write “Entry” in the subject line of email.

~Must list the topic of your Adversity

~In the body of the email you must include your legal name, parent or guardian first and last name, the name you want to be listed under, age, address, and working phone number.

**For Example:**

Jane Doe

**Adversity**: Homelessness

**Parent/Guardian**: John Doe Sr.

**Want to be listed as**: J.L. Doe

**Age**: 16

1234 Main Street

Maintown, LA 12345

(985) 123-4567

~Be sure to double check your email before sending. Failure to follow these guidelines could void your entry.

(Permission slips and releases will be sent to those entrants under the age of 18 that are accepted.)

**For More Information Go To**: http://www.facebook.com/pages/Lillie-B-Robinson-Foundation-L3C/177947838982957

**Or**

[www.skwhiteside.com](http://www.skwhiteside.com)